



# 2010 Run For Good 5K Official Entry Form

Saturday, April 17, 2010

5K Run/Walk

Downtown Fairfield, CA

Entry Fees:	<u>On or Before 3/18</u>	<u>3/19- Race Day</u>
5K Run/Walk	\$25	\$35
Wheelchair/ Hand-crank	\$25	\$35

**STEP 1: SELECT EVENT**       5K Run/Walk       5K Wheelchair/ Hand-crank

**STEP 2: PARTICIPANT INFORMATION:** *Please print clearly. One person per form.*

First and Last Name: \_\_\_\_\_

Gender:  M  F    Age on Race Day: \_\_\_\_\_    Address: \_\_\_\_\_

City: \_\_\_\_\_    State: \_\_\_\_\_    Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_    E-Mail: \_\_\_\_\_

**STEP 3: SELECT T-SHIRT SIZE:**

Short Sleeve T-Shirt Size: **Adult:**  S  M  L  XL  XXL    **Youth:**  S  M  L

**STEP 4: READ AND SIGN THE WAIVER:**

We cannot accept entries with unsigned waivers. Entries received with unsigned waivers will not be registered into race.

I hereby affirm that I, or my child under the age of 18, am in good condition to participate in the Run for Good 5K and in consideration of acceptance of this entry I agree to (1) assume all risk of death or injury to myself and all risk of damage or loss of property arising out of my participation in this event, and (2) release and forever discharge the City of Fairfield, PAL, PAL personnel, Race director/coordinators, volunteers, sponsor, and event related personnel from responsibility, legal or otherwise, for any injury, death, or damage I, my child under the age of 18, or my pet may suffer as a result of our participation in the Run for Good 5K. Event officials have my authorization to authorize emergency medical treatment if necessary. I hereby permit the use of my (my child/pet) name and photograph in broadcasts, telecasts, newspapers, media, etc. If participant is under the age of 18, this certifies that my child has permission to participate in the Run for Good 5K.

SIGNATURE: \_\_\_\_\_    DATE: \_\_\_\_\_

Parent or guardian must sign if participant is under 18 years of age

**STEP 5: FEES**

Entry Fee (see Top)      \$ \_\_\_\_\_

Pymt. Type:  Cash  Check # \_\_\_\_\_

- Please do not mail entries after April 12
- On-line registration at [www.runforgood5k.com](http://www.runforgood5k.com)
- Packet pick-up will be held on 4/16/10 between 3-7pm and at Expo on race day between 6-7:30am

Make Checks Payable to:  
FPAL (RFG5K)

Mail To: **FPAL**  
**P.O. Box 3342 Fairfield, CA 94533**  
Tax Deductible ID# 26-1184406